**Lou Gehrig's Farewell Speech**

*Context: Lou Gehrig, the baseball player, gave a well known speech at an Appreciation Day held in his honor on July 4, 1939. He had recently learned that he was suffering from amyotrophic lateral schlerorsis (ALS), a neurological disorder that has no cure (known today as “Lou Gehrig’s disease”). Although Gehrig was a reluctant speaker, the fans’ chant of “We want Lou!” brought him to the podium to deliver one of the all-time most powerful, heartfelt—and brief speeches.*

Fans, for the past two weeks you have been reading about the bad break I got.Yet today I consider myself the luckiest man on the face of this earth. I have been in ballparks for seventeen years and have never received anything but kindness and encouragement from you fans.

"Look at these grand men. Which of you wouldn't consider it the highlight of his career just to associate with them for even one day? Sure, I'm lucky. Who wouldn't consider it an honor to have known Jacob Ruppert? Also, the builder of baseball's greatest empire, Ed Barrow? To have spent six years with that wonderful little fellow, Miller Huggins? Then to have spent the next nine years with that outstanding leader, that smart student of psychology, the best manager in baseball today, Joe McCarthy? Sure, I'm lucky.

"When the New York [Giants](http://www.si.com/mlb/team/giants), a team you would give your right arm to beat, and vice versa, sends you a gift - that's something. When everybody down to the groundskeepers and those boys in white coats remember you with trophies - that's something. When you have a wonderful mother-in-law who takes sides with you in squabbles with her own daughter - that's something. When you have a father and a mother who work all their lives so you can have an education and build your body - it's a blessing. When you have a wife who has been a tower of strength and shown more courage than you dreamed existed - that's the finest I know.

"So I close in saying that I may have had a tough break, but I have an awful lot to live for."

• Source:http://www.lougehrig.com/